



St. Mark – Ocean Park Anglican Church

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E-PULSE **NEWSLETTER OF** **ST. MARK OCEAN PARK** **MARCH 20, 2022**

During Lent – the doors of the church Sanctuary are open Monday through Thursday, from 8am to 12noon, to facilitate a quiet space for prayer.

Refugee Ministry Update - At the Vestry meeting, we heard from Rev. Billy and Michael Klaver that Holy Trinity White Rock's parish had reached out to St Mark's to see if we would be open to joining them in sponsoring a Syrian refugee family. We heard an overwhelming 'YES' response from our parish family! Michael shared with us that, after several years as the Refugee Ministry Coordinator, he is needing to step down due to his professional obligations. We are very grateful for Michael's dedicated leadership of this ministry over many years. As Michael appealed to parishioners to consider taking on the leadership of this ministry, Pat and I each sensed a call to respond. In the week that followed Vestry, we received the sad news that the Syrian family had made the heart wrenching decision to withdraw their application to come to Canada because of the sudden illness of a grandparent. We encourage you all to hold this family in your prayers. Where do we, as a parish, go from here with our outreach to refugees? Several folks have spoken with us about the tremendous need for support of refugees fleeing Ukraine. Rev. Billy has referred us to a link through the Diocese to news from the Federal Government. While we gather information to bring back to the parish, we ask that you pray for God's guidance in how we respond as individuals, and as a community, to the human suffering in Ukraine.

With gratitude,

Pat Aiken and Janet Scott

Refugee Ministry Coordinators



Library News

In his newest book **Trial and Error**, Robert Whitlow keeps you guessing in this gripping drama. Buddy Smith specializes in missing children and as he follows the clues to a missing teen, he finds clues about the daughter he has not seen for eighteen years. Good to the last page.

MEN'S CLUB - Upcoming meetings will be on Tue. April 12 with guest musician Kerry O'Donovan and Tue. May 10 with guest speaker Massimo Savino.

SAVVY SENIORS - Our regular Savvy Senior Get together resume with chat, bridge and Rummicube in the church hall Wednesday March 30 from 1pm-3:30pm and continue alternate Wednesdays thereafter. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

READINGS FOR NEXT SUNDAY – March 27 – Joshua 5:9-12, Psalm 32, 2 Corinthians 5:16-21, Luke 15:1-3, 11b-32

UPCOMING WORSHIP SERVICES

Monday March 21	8am Morning Prayer
Wednesday March 16	10am Eucharist
Sunday, March 23	8am Eucharist
Sunday, March 27	10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

St Mark's Family, Youth and Children's Time

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg

PWRDF is supporting Ukrainians forced to flee their homes due to the Russian invasion.

How you can help: To make a donation to this response go to pwrdf.org/give-today and click on Response in Ukraine. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and your call will be returned, or mail your cheque to PWRDF, 80 Hayden, 3rd floor, Toronto, Ontario, M4Y 3G2. Please mark **Ukraine** in the memo field.

In-Person COFFEE HOUR resumed in recent weeks. Please stay after the 8am or 10am service if you are able, for coffee or tea and a cookie. If you arrive early for the 10am service you are also welcome to join the 8am gathering.

Pat Miles is coordinating the 8am coffee hour, and I am happy to announce that **Lynne Brownridge** has agreed to take over the duties of coordinating Coffee Hour after the 10am service. The schedule will remain as distributed and both Pat and Lynne will be happy to hear from you if you would like to join this ministry. They will be contacting everyone who has helped in the past, before the next schedule is published. It has been my privilege to serve as coordinator of 10am Coffee hour ministry for the past six years, and I'm confident you will give Lynne your loyal support going forward. Thanks -Isabel Chernoff

THE LUNCH BASKET FOR HUNGRY CHILDREN—is provided this week by Sue Indridson to the Glory of God and in gratitude for all God’s blessings.

Lunch Basket for Hungry Children

What is it and what are your donations used for?

Simply put, it is St. Mark’s Outreach program giving help to single parent families to feed their children and themselves each week. The families are referred to us from their connections to Women’s Place in our community.

Your donations go directly to purchasing Safeway gift cards to feed children and single women. These cards are delivered to Women’s Place monthly and distributed there. Additionally, at Easter, Thanksgiving and Christmas we provide extra funds for each family so that they may enjoy these holidays like other families.

There is so much need! We cannot assist everyone but thanks to your generous and consistent donations, we have agreed to increase the number of the families we help. Nine single mothers and 17 children! We don’t consider these “hand-outs” but instead we are offering a temporary ‘hand up’ to those in dire circumstances.

In fact, over time we have had several families tell us they don’t need this program anymore because the moms have become self-sufficient.

As we now embark on helping more families, we ask that if you are able, donations of \$70 would be most welcome. We know how much the cost of food has risen for all of us – but this increase means the world to those who need this ‘hand up’.

Thank you for so willingly and generously providing for those who are struggling in our community.

Matthew 25 V 40 “And The King said, ‘I tell you the truth, whatever you do for these my people, you do unto me.”

If you would like to learn more about your Community Outreach Ministry, please contact Barb Grantham at barbgrantham@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

- email or phone Darlene W. or Barb G. with your dedication.

March 27	Marsha Klinger
April 3	Tim and Judith Hardman
April 10	Barb and Jamie Grantham
April 17	
April 24	

Lenten Study Schedule

Book: Forgiveness: A Lenten Study by Marjorie J. Thompson

Wednesday Schedule: All sessions begin after Holy Communion at 10am.

Please read the book before coming to session on the respective days:

WEDNESDAYS

March 23: Chapter 4: Repentance: Getting a New Mind

March 30: Chapter 5: Forgiving: Embracing Freedom

April 6: Chapter 6: Beginning Again: Reconciliation and Restoration

MONDAY Evenings

All sessions begin in the Family Room at 7pm and we will conclude with Compline.

Please read the book before coming to session on the respective days:

March 21: Chapter 3: "Honesty: Engaging the Inner Struggle"

March 28: Chapter 4: Repentance: Getting a New Mind

April 4: Chapter 5: Forgiving: Embracing Freedom

April 11: Chapter 6: Beginning Again: Reconciliation and Restoration



Tuesday Morning Creation Care Work Parties are back!

9:00am - 12:00noon Come and join us as you are able! Come when you can, stay as long as you are able and join in the conversation, fresh air and exercise as we work to fulfil our Baptismal covenant and care for the 3+ acres of the property at St. Marks. There is always a task your "size" and you decide according to your ability as we "Strive to safeguard the integrity of creation & sustain & renew the life of the earth." Your time & energy is your gift. No expectation, rather an invitation to come along. Contact: Anne Schreck 604 -536 - 0072 anne_schreck@shaw.ca or at the Creation Care Table in the Hall (South Wall)

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Due to the Season of Lent there will be no flowers for the month of March or the first two Sundays in April. However, if you would like to look ahead and have flowers on the Altar in late April OR the month of May, please see the chart below. If you would like to offer flowers for the sanctuary for the dates listed, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary, we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

No Flowers in Lent	
April 17	Brenda Horner
April 24	Maggie Ferguson
May 1	Kathryn Smith
May 8	Percy Smith
May 15	Bea Ross
May 22	Jef and Shannon Poulsen
May 29	